

INHALATION INSTRUCTIONS RESPIMAT® INHALER

DAILY USE

You will need to use this inhaler only **once a day**. Each time you use it, take **two puffs**.



1. TURN

- Keep the cap closed
- **TURN** the clear base in the direction of the arrows on the label until it clicks (half a turn)



2. OPEN

- **OPEN** the cap until it snaps fully open



3. PRESS

- Close your lips around the mouthpiece without covering the air vents. These holes mean you can breathe in and out through the inhaler until you are ready to take a puff
- When you are ready, take a slow, deep breath through your mouth, **PRESS** the dose release button and keep breathing in slowly for as long as it feels comfortable. Then hold your breath for 10 seconds or for as long as it feels comfortable
- Repeat **TURN, OPEN, PRESS** for a total of 2 puffs

WHEN TO REPLACE THE RESPIMAT CARTRIDGE OR THE INHALER

The dose indicator shows how many puffs remain in the cartridge.



60 puffs remaining.



Less than 10 puffs remaining. Obtain a new cartridge.



Your cartridge is empty. The base comes loose automatically when you turn the inhaler after taking the last puff. Pull out the cartridge from the inhaler. Insert a new cartridge.

When you have used an inhaler with three cartridges, you need to get a new Respimat pack containing an inhaler.

PREPARE FOR USE



Remove clear base

- Keep the cap closed
- Press the safety catch while pulling off the clear base with your other hand



Insert cartridge

- Insert the cartridge into the inhaler
- Place the inhaler on a firm surface and push down until it clicks into place



Put the clear base back into place

- Put the clear base back into place until it clicks



TURN

- Keep the cap closed
- Turn the clear base in the direction of the arrows on the label until it clicks (half a turn)



OPEN

- Open the cap until it snaps fully open



PRESS

- Point the inhaler toward the ground
- Press the dose-release button
- Close the cap
- Repeat steps 4-6 until a cloud is visible
- Then repeat steps 4-6 three more times
- Your inhaler is now ready to use and will deliver 60 puffs (30 doses)