

Injection schedule

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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In rare cases, a local reaction may occur at the injection site. It is a minor side effect. If you have any doubts, don't hesitate to contact your doctor.

Doctor's stamp

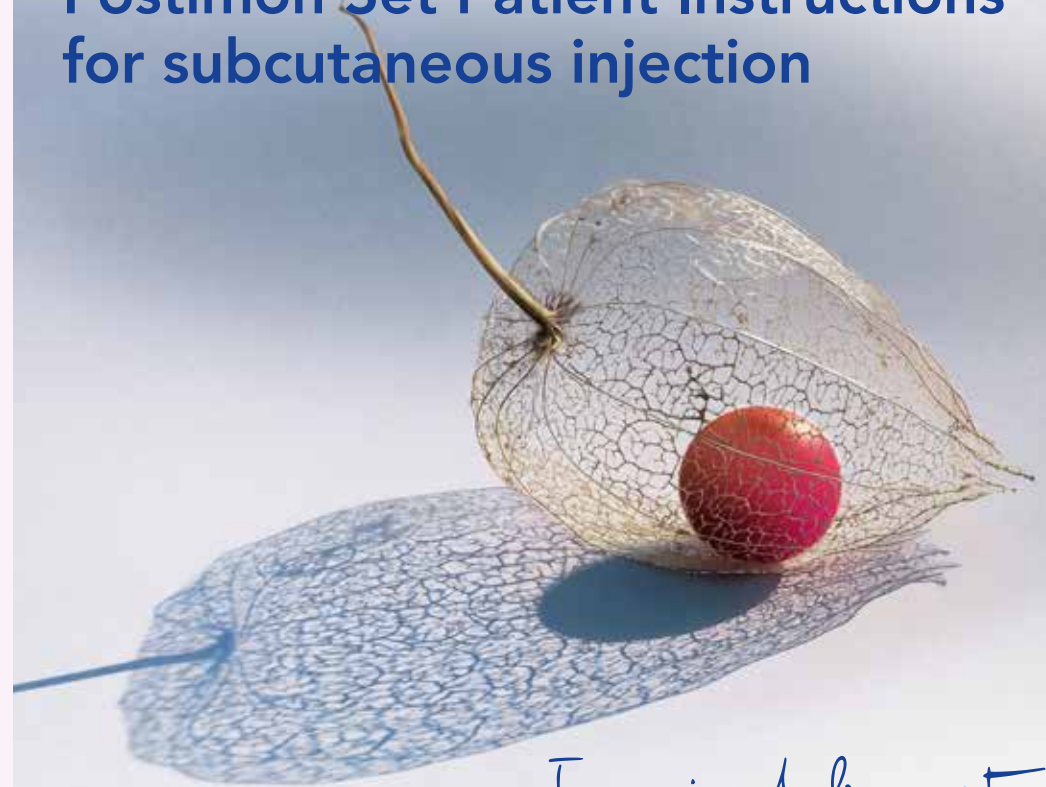
This product is a prescription medicine. Please read the package leaflet carefully and ask your healthcare provider if you have any questions.



Instructional film for the preparation and injection of Fostimon Set, offered in a Scandinavian language.

Release date 2017-10

Fostimon Set Patient Instructions for subcutaneous injection



Inspired by nature

Fostimon Set (Urofollitropin, FSH) Powder and solvent for solution for injection

Information for you who has received a prescription for Fostimon Set. Read the package leaflet carefully and follow your doctor's instructions.

Indications: Fostimon is used to promote ovulation in women who are not ovulating and who have not responded to other treatment (clomifene citrate). It is used to bring about the development of several follicles (and therefore several eggs) in women receiving fertility treatment. Urofollitropin is a highly purified human follicle stimulating hormone, belonging to a group of medicines called gonadotropins. This medicinal product must be used under the supervision of your doctor. **Dosing:** Before administration, the patient must be shown how to prepare the injection solution, where the injection should be given, and how to perform a subcutaneous injection. The solution must be prepared just before injection. One vial is for single use only. The medicinal product must be reconstituted with the solvent provided in the package, under aseptic conditions. **Storage:** Do not store above 25°C. Keep the vial and the ampoule of solvent in the outer carton in order to protect from light. Do not use this medicine after the expiry date which is stated on the outer carton, the vial, and the ampoule of solvent. The expiry date refers to the last day of the month. Use immediately after reconstitution. **Packaging and prices:** Refer to the country-specific medical agency. **ATC:** G03GA04.

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Please follow the instructions, step by step:

Preparation



Wash your hands thoroughly with soap and water

- A vial containing the powder medicine
- A sterile syringe filled with solvent
- A sterile **green** needle
- A sterile **grey** needle



1.



Attach the green needle to the syringe.

2.



Remove the colored plastic cap from the powder vial by gently pushing it upwards.

3.



Remove the needle shield and slowly inject the solvent into the powder vial through the middle of the top of the rubber stopper.

Wait for the substance to be completely dissolved. Do not shake and avoid creating foam.

4.



Turn the vial with the syringe and needle still inside ...



... and slowly pull back the needle until the opening inside the rubber stopper.

Slowly aspirate the solution inside the syringe.



Remove the needle from the syringe and leave it inside the vial.

For higher doses of Fostimon Set, several vials can be prepared according to the following:

If your doctor has recommended a higher dose for you, this can be achieved by dissolving more than 1 (one) vial with the same pre-filled syringe.

Remove the plastic cover on the vials you wish to prepare.

From step 4 aspirate the diluted solution in the first vial back into the syringe and inject it slowly into a second vial of dry medicine.

Step 2 to 4 are repeated for the second and subsequent vials until the contents of the vials corresponding to the prescribed dose is dissolved.

5.



Firmly attach the grey needle onto the syringe. Remove the protective cap of the needle.



Hold the syringe with the needle pointing upwards and gently tap the side of the syringe to force any air bubbles to the top.

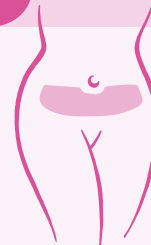
Slowly press the plunger until a droplet of liquid appears at the tip of the needle.

The syringe is now ready for the injection.



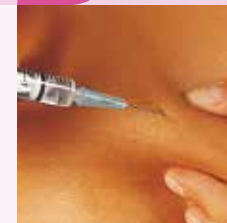
Injection:

6.



The medicine is to be injected subcutaneously, in the lower abdominal wall below the navel.

7.



Firmly pinch the skin together with your thumb and index finger. With the other hand, insert the needle at an angle of 45-90°. Inject the solution by pushing the plunger slowly and at a regular pace.

Wait three seconds.

Pull out the syringe and press down firmly on the injection site with a swab.

