



•• MENOPUR<sup>®</sup> 75 IU  
menotropin

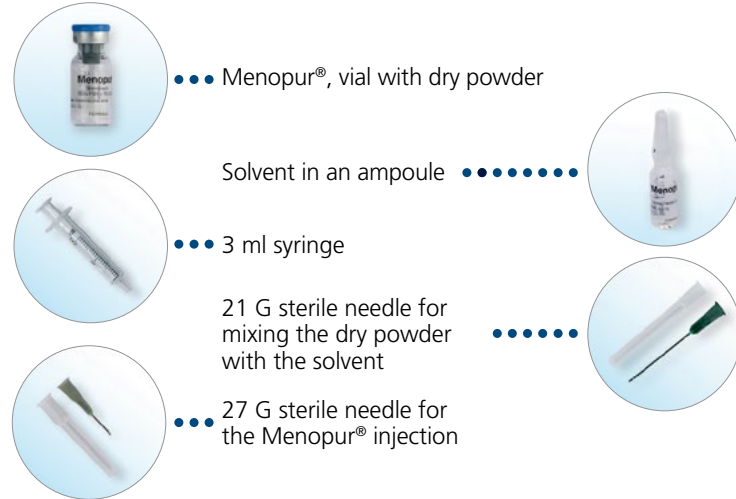
# PATIENT INSTRUCTIONS

Injecting the solution subcutaneously



**FERRING**  
LÄÄKKEET

## Be sure to have everything needed at hand before you begin:



Read the Patient Information Leaflet included in the Menopur package carefully. Your doctor will prescribe a dosage suitable for you.

## PREPARING THE SOLUTION FOR INJECTION

Wash your hands.  
Check the correct dose



1. Remove the blue plastic cap from the vial.



2. Gently tap the ampoule with solvent so that the solvent sinks to the bottom of the ampoule. Be sure that the mark at the tip of the ampoule is pointing towards you.



3. Break the neck of the ampoule by gently pressing it away from you.



4. Attach the mixing needle to the syringe and remove the needle shield.



5. Draw the solvent from the ampoule into the syringe.



6. Insert the needle straight down into the injection vial containing the powder through the centre of the rubber stopper and slowly inject all the solvent into the injection vial.

The powder dissolves quickly resulting in a clear solution. The dry powder usually dissolves with only a few drops of the solvent.

Dissolution can be improved by rotating the solution in the injection vial. **Do not shake** as this will create foam.

**Do not use** the solution if it is not clear or if it contains particles.



7. If you have been prescribed a higher dose, draw the obtained solution back into the syringe and inject it into the next vial until the total prescribed dose has been obtained. The solvent of one ampoule is sufficient for dissolving up to three vials of dry powder.

When the prescribed dose is ready turn the vial upside down and draw the finished solution into the syringe.



8. Switch the mixing needle to the injection needle. Keep the syringe in an upright position and tap it gently to remove any air bubbles. Slowly push the plunger until the air bubbles in the syringe have been removed.

## INJECTING THE SOLUTION FOR INJECTION



9. Remove the needle shield.
10. Choose an injection site on either the right or left side under the belly button. Vary the injection site daily.

Hold the skin fold with the other hand by slightly lifting it. Like holding a pen, push the needle straight into the subcutaneous tissue.

11. Release the skin fold, grab the base of the needle and inject the solution slowly into the subcutaneous tissue. Hold the needle under the skin while counting to five and then pull the needle out in the same angle in which it was injected and apply pressure on the injection area to prevent bleeding. The solution will spread better under the skin if the injection site is gently massaged.

The injection site may sometimes become swollen, red, or painful. The symptoms usually disappear on their own. Use a new syringe and needle for each injection.

Do not add used articles to regular household waste. Dispose them in an proper manner.

# ON THE MENOPUR® MEDICINAL PRODUCT

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## **Storage**

The Menopur® medicinal product lasts for two years. Store the medicinal product in its original packaging below 25 °C.

Menopur® should be used immediately after dissolution. The reconstituted solution for injection is intended for single use only.

Medicines should not be disposed of through the drain, nor disposed of as household trash.

Consult a pharmacy concerning the disposal of unused medicines.

By doing this you will protect the environment.



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