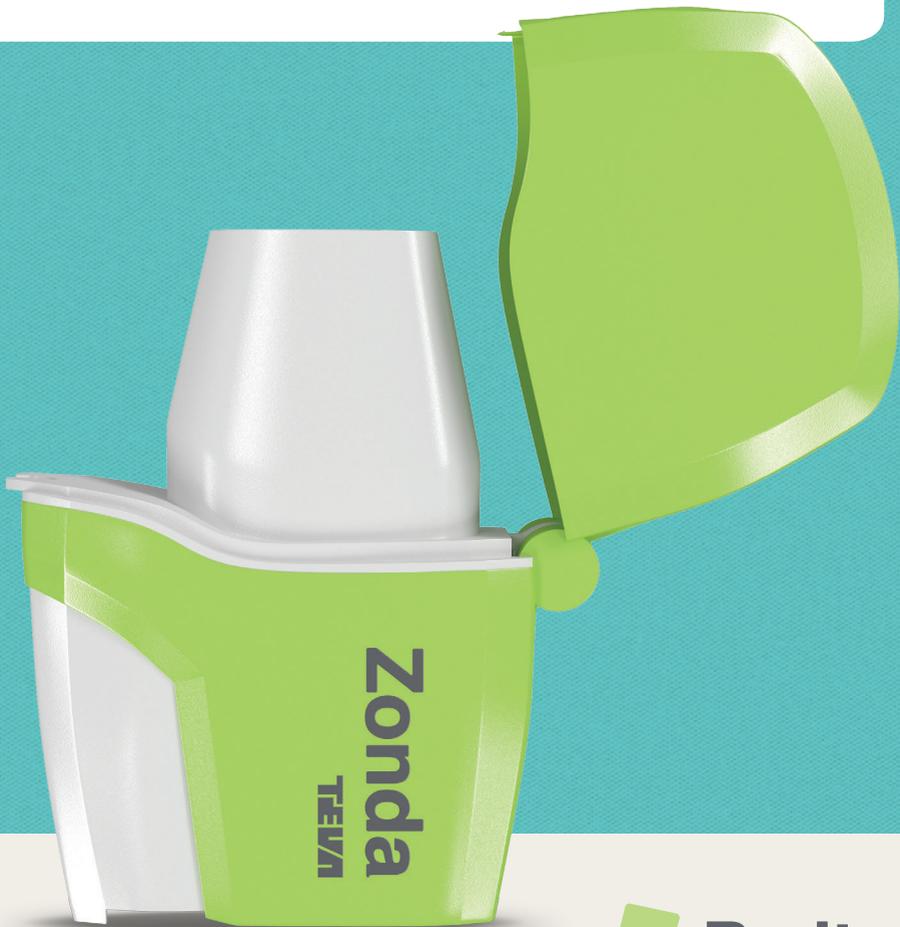


Information for patients treated with **Braltus®**



Why have I been prescribed Braltus?

Your doctor has prescribed Braltus as maintenance therapy to relieve the symptoms of your chronic obstructive pulmonary disease (COPD)¹. Braltus is an inhaled medicine containing the active substance tiotropium. Braltus can help you manage your COPD and relieve your symptoms.

Zondra inhaler



Bottle of capsules



Transparent capsule



Tiotropium is one of the most commonly prescribed maintenance therapies for COPD around the world. It acts by relaxing and opening up the airways, so that it is easier for you to breathe.



Have you previously been prescribed the substance tiotropium with capsules? Braltus contains the same active substance and delivers the same dose of tiotropium as your previous medication, but you will now be using a different inhaler. The inhaler is used in a similar way- but read the package leaflet carefully before using Braltus. The capsules must only be inhaled using the Zonda inhaler.

How do I use Braltus?



Your doctor, nurse or pharmacist will show you how to use the inhaler, but you can also read the package leaflet or watch the video showing the inhaling technique at www.medicininstruktioner.se

How often should I take the medication?



The recommended dose (adults over the age of 18 years) is one capsule once daily. Inhale twice (with the same capsule) to make sure that the capsule is empty.

What should I do if I forget to take my medication?



If you forget to take a dose, take one as soon as you remember, but one dose a day is sufficient. Do not take a double dose to make up for a forgotten dose.

Contact your doctor or read the package leaflet if you want more information about why you have been prescribed Braltus.



Every 30 days you will be given a new Zonda® inhaler together with your capsules.



Braltus[®]

tiotropium

Braltus[®] (tiotropium bromide), Prescription-only medicine. Use: Tiotropium helps people with chronic obstructive pulmonary disease (COPD) to breathe more easily. **Warnings and precautions:** Talk to your doctor, pharmacist or nurse before taking Braltus. Braltus is intended as maintenance therapy for your COPD. It should not be used to treat sudden episodes of shortness of breath, wheezing or rattling breathing. Pack: inhaler, capsules containing powder. **Read the package leaflet carefully before use.**



Teva Sweden AB, Kungstorget 8, Box 1070, 251 10 Helsingborg.

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